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# GLOBAL TRAVEL AND TOURISM LOG

## Country-by-country travel restrictions, due to COVID-19

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If you're involved in the medical travel business, then the coming months are going to be very difficult. With the closing down of borders and the restrictions on travel, medical tourism is on hold.

IMTJ is scanning the news and announcements, to help you keep abreast of changes made by governments to general inbound and outbound travel and tourism and, where specified, to medical travel in particular.

The following is a log of over 140 medical tourism destinations and countries, covering the changes imposed in terms of border control, quarantine and testing requirements and restrictions on citizens.

For more detailed analysis of the impact of this coronavirus pandemic on global medical travel, click on the [COVID-19 topic](#) on the IMTJ website.

We'll aim to update and republish this log every week.

The following countries are currently covered in this log – control+click on the country to get to the appropriate page.

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<b>ABU DHABI (UAE)</b>
<b>Borders</b>
Inbound border closed except to nationals. And all flights banned.
<b>Outbound</b> – state paid medical tourism suspended and all flights banned.
<b>Quarantine</b>
Anyone entering must commit to a home quarantine period of 14 days.
<b>Tests</b>
GCC nationals wishing to enter must undergo a COVID-19 medical test.
<b>Citizens</b>
All tourism activities suspended
All medical tourism suspended

<b>AFGHANISTAN</b>
<b>Borders</b>
<b>Quarantine</b>
Travellers will be screened, those showing symptoms will be quarantined.
<b>Tests</b>
Travellers will be screened, those showing symptoms will be quarantined.
<b>Citizens</b>
Curfew in some regions

<b>ALBANIA</b>
<b>Borders</b>
Inbound flights banned and travel from Greece banned.
Outbound flights banned and travel to Greece banned.
<b>Quarantine</b>
14-day self quarantine for anybody entering the country.
<b>Tests</b>
Border checkpoints to identify travellers who visited areas of intensive transmission.
<b>Citizens</b>
Partial lockdown

<b>ALGERIA</b>
<b>Borders</b>
Inbound air and sea travel to Europe and China and Morocco suspended.
Outbound air and sea travel suspended.
<b>Quarantine</b>
<b>Tests</b>
<b>Citizens</b>

<b>ANGOLA</b>
<b>Borders</b>
Inbound borders closed
Outbound borders closed Airports and ports closed
<b>Quarantine</b>
<b>Tests</b>
<b>Citizens</b>

<b>ANTIGUA AND BARBUDA</b>
<b>Borders</b>
Inbound border closed to foreign nationals who have travelled to China, Italy, Iran, Japan, South Korea and Singapore in the previous 28 days.
<b>Quarantine</b>
<b>Tests</b>
<b>Citizens</b>

<b>ARGENTINA</b>
<b>Borders</b>
Inbound closed to non residents and all flights from USA and Europe cancelled.
Outbound closed to non residents and all flights to USA and Europe cancelled.
<b>Quarantine</b>
Self-isolation mandatory for individuals going to Argentina or who have entered Argentina recently from critical areas.
<b>Tests</b>
<b>Citizens</b>
Lockdown

<b>ARUBA</b>
<b>Borders</b>
Inbound closed except residents
<b>Quarantine</b>
<b>Tests</b>
<b>Citizens</b>

<b>ARMENIA</b>
<b>Borders</b>
Inbound: foreigners from countries with a high incidence of coronavirus barred from entering while borders with Iran and Georgia closed.
Outbound: Armenian citizens can only leave by air. Borders with Iran and Georgia closed.
<b>Quarantine</b>
Arrivals in country must self-quarantine for 14 days
<b>Tests</b>
People arriving from abroad are screened for fever at all border points, and in the case of problems, are hospitalised.
<b>Citizens</b>
Partial lockdown

<b>AUSTRALIA</b>
<b>Borders</b>
Inbound closed until September.
Outbound closed until September.
<b>Quarantine</b>
Australian citizens and permanent residents returning from anywhere must be quarantined in government selected locations.
<b>Tests</b>
<b>Citizens</b>
All non-essential domestic travel domestically banned.

Elective surgery banned and private hospitals working within the public healthcare system.
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Lockdown.
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<b>AUSTRIA</b>
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<b>Borders</b>
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Inbound land borders mostly closed and non Schengen area citizens banned.
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Outbound land borders mostly closed Flights banned to listed countries
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<b>Quarantine</b>
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EU citizens and foreigners who are entitled to enter are obliged to do a 14-day self-monitored home quarantine immediately after entering the country by air.
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<b>Tests</b>
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<b>Citizens</b>
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Lockdown
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National restrictions on travel
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<b>AZERBAIJAN</b>
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<b>Borders</b>
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Borders with Iran, Georgia, Russia and Turkey are closed. Flights to and from China, Iran, France, Germany, Kazakhstan and Ukraine are cancelled.
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<b>Quarantine</b>
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In case of suspected exposure, the passenger regardless of nationality will be sent to state quarantine.
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<b>Tests</b>
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All arriving travellers screened for symptoms.
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<b>Citizens</b>
Lockdown

<b>BAHAMAS</b>
<b>Borders</b>
Inbound closed
Outbound closed All ports and airports closed All international visitors who cannot get home must expect to stay for several months.
<b>Quarantine</b>
<b>Tests</b>
<b>Citizens</b>
Curfew
Lockdown
Many resorts closed

<b>BAHRAIN</b>
<b>Borders</b>
Inbound flights reduced and visa on arrival scheme cancelled
<b>Quarantine</b>
<b>Tests</b>
<b>Citizens</b>
Lockdown

<b>BARBADOS</b>
<b>Borders</b>
<b>Quarantine</b>
14 day quarantine on most travellers
<b>Tests</b>
<b>Citizens</b>

<b>BELARUS</b>
<b>Borders</b>
<b>Quarantine</b>
Travellers having symptoms may be quarantined.
<b>Tests</b>
Travellers will be screened, those from coronavirus affected countries have to complete an information form.
<b>Citizens</b>

<b>BELGIUM</b>
<b>Borders</b>
Inbound: closed to all non-EU nationals from outside EU and Iceland, Liechtenstein, Norway and Switzerland and UK, except long-term residents, family members of EU nationals, diplomats and healthcare workers.
Outbound closed to all non-essential travel.

<b>Quarantine</b>
<b>Tests</b>
<b>Citizens</b>
Lockdown
All advised to cease non-essential travel.

<b>BELIZE</b>
<b>Borders</b>
Ports and airports closed
<b>Quarantine</b>
<b>Tests</b>
<b>Citizens</b>

<b>BERMUDA</b>
<b>Borders</b>
Inbound closed.
<b>Quarantine</b>
<b>Tests</b>

<b>Citizens</b>

<b>BOLIVIA</b>
<b>Borders</b>
Inbound travel banned from Europe's Schengen zone, the UK, Ireland and Iran plus China and South Korea. All flights from Europe banned.
<b>Quarantine</b>
<b>Tests</b>
Strict border measures include medical screenings.
<b>Citizens</b>

<b>BOSNIA AND HERZEGOVINA</b>
<b>Borders</b>
Inbound ban on entry into the country from areas with intensive transmission.
<b>Quarantine</b>
All citizens coming from abroad must remain in isolation for 14 days.
<b>Tests</b>

<b>Citizens</b>
Curfew

<b>BOTSWANA</b>
<b>Borders</b>
Inbound mostly closed except to citizens.
Outbound mostly closed.
<b>Quarantine</b>
All travelling from Lesotho and Swaziland must be quarantined for 14 days.
<b>Tests</b>
<b>Citizens</b>

<b>BRAZIL</b>
<b>Borders</b>
Inbound land ban on travel from Argentina, Paraguay, Bolivia, Peru, Colombia, Suriname, Venezuela and French Guiana, except for resident foreigners.
<b>Quarantine</b>
<b>Tests</b>
<b>Citizens</b>
Sao Paulo lockdown

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<b>BRUNEI</b>
<b>Borders</b>
Inbound: borders closed except to citizens.
Outbound: borders closed.
<b>Quarantine</b>
<b>Tests</b>
<b>Citizens</b>
Curfew

<b>BULGARIA</b>
<b>Borders</b>
Inbound closed to most countries except for citizens and foreign residents. Turkey border closed. Inbound flights from Italy and Spain banned.
Outbound: closed to all non-EU nationals from outside EU and Iceland, Liechtenstein, Norway and Switzerland and UK, except long-term residents, family members of EU nationals, diplomats and healthcare workers.
<b>Quarantine</b>
All Bulgarians returning home must have 14 to 21 day quarantine depending on second test results.
<b>Tests</b>
<b>Citizens</b>

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<b>BURKINA FASO</b>
<b>Borders</b>
Inbound air, sea and land borders closed.
Outbound air, sea and land borders closed.
<b>Quarantine</b>
<b>Tests</b>
<b>Citizens</b>
Curfew

<b>CAMEROON</b>
<b>Borders</b>
Inbound air, sea and land borders closed.
Outbound air, sea and land borders closed.
<b>Quarantine</b>
<b>Tests</b>
<b>Citizens</b>

<b>CAMBODIA</b>
<b>Borders</b>
<p>Foreigners travelling from Italy, Germany, Spain, France, Iran and the USA banned from entering Cambodia. Any foreigner wishing to travel to Cambodia must obtain a prior visa from Cambodian missions abroad. They must provide a medical certificate, issued by competent health authorities of their country no more than 72 hours prior to the date of travel, certifying that they have not tested positive for the COVID-19. In addition, they must provide proof of minimum medical coverage during their intended stay in Cambodia in the amount not less than US\$50,000.</p>
<b>Quarantine</b>
<p>Upon arrival in Cambodia, all foreigners may be subject to mandatory isolation, quarantine or any other measures for the prevention and containment of the virus as prescribed by the Ministry of Health.</p>
<b>Tests</b>
<p>Upon arrival in Cambodia, all foreigners will be subject to a health risk assessment and screened before they are allowed to enter the country. They will be subject to a mandatory isolation, quarantine or any other measures for the prevention and containment of the virus as prescribed by the Ministry of Health.</p>
<b>Citizens</b>

<b>CANADA</b>
<b>Borders</b>

Inbound borders closed.
Outbound borders closed.
<b>Quarantine</b>
<b>Tests</b>
<b>Citizens</b>
All Canadians asked to postpone or cancel non-essential travel.

<b>CAYMAN ISLANDS</b>
<b>Borders</b>
Inbound borders closed.
Outbound borders closed.
<b>Quarantine</b>
<b>Tests</b>
<b>Citizens</b>

<b>CHILE</b>
<b>Borders</b>
Inbound border closed to all non-resident foreigners.
Outbound: closed.
<b>Quarantine</b>

Anyone returning from a high risk country must quarantine for 14 days.
<b>Tests</b>
<b>Citizens</b>
Curfew

<b>CHINA</b>
<b>Borders</b>
Inbound closed to all foreigners even with resident permit and restricted by lack of flights. Outbound restricted by lack of flights.
<b>Quarantine</b>
<b>Tests</b>
<b>Citizens</b>
In lockdown and tighter restrictions in some places.
No non-essential travel allowed in places.
Forced quarantine for infected individuals. People who wish to travel in or out of Hubei or Wuhan will be able to as long as they have a "green" health code issued by authorities.

<b>COLOMBIA</b>
<b>Borders</b>
Inbound border closed including to citizens and residents.
Outbound border closed.

<b>Quarantine</b>
Nationals and residents who arrive from overseas have to undergo mandatory preventive isolation for 14 days.
<b>Tests</b>
<b>Citizens</b>
Lockdown
Domestic flights banned

<b>CONGO</b>
<b>Borders</b>
Inbound: border closed.
Outbound: border closed.
All inbound and outbound flights banned.
<b>Quarantine</b>
<b>Tests</b>
<b>Citizens</b>

<b>COSTA RICA</b>
<b>Borders</b>
Inbound border closed except to citizens and residents.
Outbound border closed.
<b>Quarantine</b>

Costa Rican citizens and permanent residents who arrive in Costa Rica are subject to a mandatory 14-day quarantine.

**Tests**

**Citizens**

**CROATIA**

**Borders**

Inbound: closed to all non-EU nationals from outside EU and Iceland, Liechtenstein, Norway and Switzerland and UK, except long-term residents, family members of EU nationals, diplomats and healthcare workers.

Outbound closed to all non-EU nationals from outside EU and Iceland, Liechtenstein, Norway and Switzerland and UK, except long-term residents, family members of EU nationals, diplomats and healthcare workers.

**Quarantine**

Foreigners and citizens from increasing list of at risk countries must be quarantined for 14 days.

**Tests**

Health monitoring for all passengers from ever increasing list of countries.

Individuals arriving in country with signs of illness are sent to hospital.

**Citizens**

Fitness centres closed.

<b>CUBA</b>
<b>Borders</b>
Inbound closed to all except citizens and long-term residents.
<b>Outbound border closed to all</b>
<b>Quarantine</b>
Citizens and residents entering Cuba must self quarantine for 14 days.
<b>Tests</b>
<b>Citizens</b>

<b>CYPRUS</b>
<b>Borders</b>
Inbound closed to all except citizens and long-term residents. Inbound flights banned.
Outbound closed to all except citizens and long-term residents.
<b>Quarantine</b>
<b>Tests</b>
<b>Citizens</b>
All unnecessary travel banned.
Partial lockdown.

<b>CZECH REPUBLIC</b>
<b>Borders</b>
Inbound closed to an ever increasing list of countries.
Outbound closed to an ever increasing list of countries.
<b>Quarantine</b>
A smart quarantine system, which traces past movement and contacts of positively tested persons to find other infected people has been launched in one of the Czech Republic's regions and will be rolled out across the country.
<b>Tests</b>
<b>Citizens</b>
In lockdown.
Wellness centres closed.
Pharmacies closed.

<b>DENMARK</b>
<b>Borders</b>
Inbound border closed to all non-citizens.
Outbound border closed to all non-citizens.
<b>Quarantine</b>
<b>Tests</b>
<b>Citizens</b>
Lockdown

<b>DOMINICA</b>
<b>Borders</b>
<b>Quarantine</b>
Travellers from China subject to a 14-day quarantine.
<b>Tests</b>
<b>Citizens</b>

<b>DOMINICAN REPUBLIC</b>
<b>Borders</b>
Inbound closed
Outbound closed
<b>Quarantine</b>
<b>Tests</b>
<b>Citizens</b>
Overnight lockdown
Most resorts and hotels closed

<b>DUBAI (UAE)</b>
<b>Borders</b>
Inbound closed to all except residents, not citizens, temporarily overseas. All flights banned.
Outbound: flights banned.

Citizens asked to cease non-essential travel.
<b>Quarantine</b>
Anyone entering must commit to a home quarantine period of 14 days.
<b>Tests</b>
GCC nationals wishing to enter must undergo a COVID-19 medical test.
<b>Citizens</b>
All spas have been closed on government orders
Lockdown

<b>ECUADOR</b>
<b>Borders</b>
Inbound closed including to citizens and residents.
Outbound closed including to citizens and residents.
<b>Quarantine</b>
<b>Tests</b>
<b>Citizens</b>
Overnight lockdown

<b>EGYPT</b>
<b>Borders</b>
Inbound closed
Outbound closed
<b>Quarantine</b>

<b>Tests</b>
<b>Citizens</b>
Overnight lockdown

<b>EL SALVADOR</b>
<b>Borders</b>
Inbound: closed except to citizens and residents
<b>Quarantine</b>
Those allowed to enter are subject to a 30-day quarantine.
<b>Tests</b>
<b>Citizens</b>

<b>ESTONIA</b>
<b>Borders</b>
Inbound closed except to citizens and residents.
Outbound open but citizens advised not to travel.
<b>Quarantine</b>
Returning citizens and transiting foreigners testing positive must quarantine.

<b>Tests</b>
Returning citizens and residents must have health tests at border as must foreigners transiting through.
<b>Citizens</b>
Partial lockdown

<b>ETHIOPIA</b>
<b>Borders</b>
Inbound mostly closed.
Outbound mostly closed.
<b>Quarantine</b>
All arriving passengers face mandatory quarantine for 14 days.
<b>Tests</b>
<b>Citizens</b>

<b>FINLAND</b>
<b>Borders</b>
Passenger ferries to and from Sweden closed.
<b>Quarantine</b>
<b>Tests</b>

<b>Citizens</b>

<b>FRANCE</b>
<b>Borders</b>
Inbound closed except for citizens.
Outbound closed.
<b>Quarantine</b>
For any citizen returning home they get tested on arrival and quarantined if necessary.
<b>Tests</b>
For any citizen returning home they get tested on arrival and quarantined if necessary.
<b>Citizens</b>
In lockdown
No non-essential travel

<b>GAMBIA</b>
<b>Borders</b>
Inbound border with Senegal closed.
Outbound border with Senegal closed. All inbound and outbound flights banned.
<b>Quarantine</b>
<b>Tests</b>
<b>Citizens</b>


<b>GEORGIA</b>
<b>Borders</b>
Inbound borders closed.
Outbound borders closed.
All international flights in and out banned.
<b>Quarantine</b>
<b>Tests</b>
<b>Citizens</b>
In lockdown.
Rail travel banned.

<b>GERMANY</b>
<b>Borders</b>
Inbound closed.
Outbound closed.
<b>Quarantine</b>
<b>Tests</b>
<b>Citizens</b>
In lockdown

<b>GHANA</b>
<b>Borders</b>
Inbound borders closed.
<b>Quarantine</b>
14 days of quarantine for all people arriving from abroad.
<b>Tests</b>
<b>Citizens</b>
Lockdown

<b>GREECE</b>
<b>Borders</b>
Inbound mostly closed except Greek nationals traveling from Albania and North Macedonia.
Outbound mostly closed except Greek nationals traveling to Albania and North Macedonia. Most foreign flights in and out banned.
<b>Quarantine</b>
People who enter Greece will be put in a 14-day quarantine.
<b>Tests</b>
<b>Citizens</b>
Hotels closed
Lockdown

<b>GRENADA</b>
<b>Borders</b>
<b>Quarantine</b>
People who enter from Hong Kong, China, South Korea, Japan, Singapore, Iran, Italy or Germany will be put in a 14-day quarantine.
<b>Tests</b>
<b>Citizens</b>

<b>GUATEMALA</b>
<b>Borders</b>
Inbound closed to all non-residents and all flights banned.
Outbound closed to all non-residents and all flights banned.
<b>Quarantine</b>
<b>Tests</b>
<b>Citizens</b>

<b>GUYANA</b>
<b>Borders</b>
Inbound closed
Outbound closed
<b>Quarantine</b>
<b>Tests</b>
<b>Citizens</b>

<b>HAITI</b>
<b>Borders</b>
Inbound closed
Outbound closed
<b>Quarantine</b>
<b>Tests</b>
<b>Citizens</b>
Curfew

<b>HONDURAS</b>
<b>Borders</b>
Inbound closed except to citizens and residents.
Outbound closed.

<b>Quarantine</b>
Citizens and residents entering the country must go into quarantine.
<b>Tests</b>
<b>Citizens</b>

<b>HONG KONG (CHINA)</b>
<b>Borders</b>
Inbound closed except citizens and residents.
Residents warned to avoid non-essential travel to Ireland, Britain and the United States. All asked to consider delaying all non-essential travel outside Hong Kong.
<b>Quarantine</b>
<b>Tests</b>
<b>Citizens</b>
Partial lockdown.

<b>HUNGARY</b>
<b>Borders</b>
Inbound closed.
Outbound closed.
<b>Quarantine</b>

<b>Tests</b>
<b>Citizens</b>
Lockdown
Curfew

<b>ICELAND</b>
<b>Borders</b>
Inbound: closed to all non-EU nationals from outside EU and Iceland, Liechtenstein, Norway and Switzerland and UK-except long-term residents, family members of EU nationals, diplomats and healthcare workers.
Outbound: closed to all non-EU nationals from outside EU and Iceland, Liechtenstein, Norway and Switzerland and UK-except long-term residents, family members of EU nationals, diplomats and healthcare workers.
<b>Quarantine</b>
<b>Tests</b>
<b>Citizens</b>

<b>INDIA</b>
<b>Borders</b>
Inbound closed to an ever increasing list of countries. No new visas or medical visas being issued.

Indian nationals asked to avoid all non-essential travel.  
All inbound and outbound international flights banned.

**Quarantine**

**Tests**

**Citizens**

**Lockdown**

**INDONESIA**

**Borders**

Inbound: closed to an ever increasing list of countries  
All travellers who wish to visit Indonesia have to obtain a health certificate from their home countries and must apply for a visa from Indonesian missions.  
Citizens advised to avoid non-essential travel outbound.

**Quarantine**

If screening shows initial symptoms of COVID-19, a 14-day observation in a government facility will be applied; If no initial symptom is found, a 14-day self-quarantine will be strongly recommended.

**Tests**

For Indonesian citizens who have travelled to most countries an additional screening shall be carried out by the Port Health Authority upon arrival.

**Citizens**

<b>IRAN</b>
<b>Borders</b>
Inbound flights banned.
Outbound flights banned. Citizens asked not to travel abroad or within Iran.
<b>Quarantine</b>
<b>Tests</b>
<b>Citizens</b>
In lockdown and intercity travel ban.
Revolutionary Guards have cleared streets, shops and public places of people.

<b>IRAQ</b>
<b>Borders</b>
International flights in and out banned. Banned entry to passengers from France, Turkey, Spain, Nigeria, China, Iran, Japan, South Korea, Thailand, Singapore, Italy, Kuwait and Bahrain.
<b>Quarantine</b>
<b>Tests</b>
<b>Citizens</b>
In lockdown
Curfew

<b>IRELAND</b>
<b>Borders</b>
Inbound closed except to citizens and residents
Outbound mostly closed
<b>Quarantine</b>
All travellers have to self-quarantine for 14 days after entry.
<b>Tests</b>
<b>Citizens</b>
Lockdown

<b>ISRAEL</b>
<b>Borders</b>
Inbound closed except to citizens and residents.
Outbound: closed.
<b>Quarantine</b>
Anyone who returns from overseas from anywhere must enter a 14-day home-quarantine. Tourists currently in Israel must enter quarantine.
<b>Tests</b>
<b>Citizens</b>
The government approved the tracking of cellphones by the Shin Bet security service to inform people who were unwittingly close to someone diagnosed with the virus during the two weeks prior to the diagnosis, bypassing the necessary approval from the Knesset

## ITALY

### **Borders**

Inbound: closed to all non-EU nationals from outside EU and Iceland, Liechtenstein, Norway and Switzerland and UK; except long-term residents, family members of EU nationals, diplomats and healthcare workers.

Outbound: closed to all non-EU nationals from outside EU and Iceland, Liechtenstein, Norway and Switzerland and UK, except long-term residents, family members of EU nationals, diplomats and healthcare workers.

### **Quarantine**

### **Tests**

People flying into Italy are subject to temperature screening at Italy's major airports.

### **Citizens**

In lockdown and tighter restrictions in some places.

Domestic flights banned and no non-essential travel allowed.

Spas closed.

## JAMAICA

### **Borders**

Inbound borders closed.

Outbound borders closed.

### **Quarantine**

All travellers from countries where there is local transmission of COVID-19 are required to self-quarantine for up to 14 days. Visitors will be able to leave the island at their scheduled departure date even if it is before the 14-day period of quarantine, if they do not

become ill and do not meet the case definition. However, if they develop symptoms, they would be isolated.

**Tests**

**Citizens**

**JAPAN**

**Borders**

Inbound closed to an increasing list of countries.  
Olympics cancelled for 2020.

Citizens banned from travelling to China, South Korea, Iceland, and Europe plus UK. Citizens advised not to travel to USA.

**Quarantine**

All Japanese and foreigners returning from or coming from countries areas not subjected to bans must self-quarantine for 14 days.

**Tests**

**Citizens**

**JORDAN**

**Borders**

Inbound closed

Outbound: banned for expatriate workers and foreign students and government staff.

Inbound and outbound flights banned.

<b>Quarantine</b>
Personnel from diplomatic missions and international organizations can enter, but they need to be self isolated for 14 days.
<b>Tests</b>
<b>Citizens</b>
Capital city Amman in lockdown.
<b>Curfew</b>

<b>KAZAHKSTAN</b>
<b>Borders</b>
Inbound closed except returning citizens
Outbound closed
<b>Quarantine</b>
Quarantine regime in Almaty, the country's largest city
<b>Tests</b>
<b>Citizens</b>
<b>Lockdown</b>

<b>KENYA</b>
<b>Borders</b>
Inbound closed from any nation with reported COVID-19 cases except Kenyan citizens and resident foreigners.

<b>Quarantine</b>
Kenyan citizens and foreigners with residence permits and United Nations workers allowed to enter provided they self-quarantine.
<b>Tests</b>
<b>Citizens</b>

<b>KUWAIT</b>
<b>Borders</b>
Inbound closed.
Outbound closed. All inbound and outbound flights banned.
<b>Quarantine</b>
<b>Tests</b>
<b>Citizens</b>
Employment of domestic workers banned.
Public baths and gyms closed.
Curfew.

<b>KYGRYZSTAN</b>
<b>Borders</b>
Inbound closed except returning citizens.
Outbound closed.
<b>Quarantine</b>

<b>Tests</b>
<b>Citizens</b>

<b>LAOS</b>
<b>Borders</b>
Inbound: mostly closed except for citizens and long-term residents. No new visas being issued. Those who already have obtained an entry visa to Laos must also attach a health certificate and a historical record of their activities over the past 14 days before entering Laos.
Outbound: Residents advised to avoid all outbound travel.
<b>Quarantine</b>
People travelling from a country with an outbreak must self-quarantine for at least 14 days and self-monitor their symptoms.
<b>Tests</b>
<b>Citizens</b>

<b>LATVIA</b>
<b>Borders</b>
Inbound closed except for citizens and long-term residents.
Outbound closed but foreigners can leave.
Flights and rail banned.
<b>Quarantine</b>
<b>Tests</b>
<b>Citizens</b>
Lockdown

<b>LEBANON</b>
<b>Borders</b>
Inbound border closed
Outbound border closed
<b>Quarantine</b>
<b>Tests</b>
<b>Citizens</b>
Lockdown
Curfew

<b>LESOTHO</b>
<b>Borders</b>
Inbound border closed.
Outbound border closed.
<b>Quarantine</b>
<b>Tests</b>
<b>Citizens</b>
Lockdown

<b>LIBYA</b>
<b>Borders</b>
Inbound closed
Outbound closed
<b>Quarantine</b>
<b>Tests</b>
<b>Citizens</b>

<b>LIECHTENSTEIN</b>
<b>Borders</b>
Inbound: closed to all non-EU nationals from outside EU and Iceland, Liechtenstein, Norway and Switzerland and

UK, except long-term residents, family members of EU nationals, diplomats and healthcare workers.
Outbound: closed to all non-EU nationals from outside EU and Iceland, Liechtenstein, Norway and Switzerland and UK, except long-term residents, family members of EU nationals, diplomats and healthcare workers.
<b>Quarantine</b>
<b>Tests</b>
<b>Citizens</b>

<b>LITHUANIA</b>
<b>Borders</b>
Inbound closed to most foreigners.
Outbound closed except to nationals on business trips.
<b>Quarantine</b>
<b>Tests</b>
<b>Citizens</b>
Lockdown

<b>LUXEMBOURG</b>
<b>Borders</b>
Inbound closed except to cross-border healthcare workers.
Outbound closed except to cross-border healthcare workers.
<b>Quarantine</b>
<b>Tests</b>
<b>Citizens</b>
National lockdown

<b>MACAU (CHINA)</b>
<b>Borders</b>
Inbound: closed to, residents of the Mainland China, the Hong Kong SAR and the region of Taiwan who have been to countries/areas outside China in the past 14 days.
<b>Quarantine</b>
<b>Tests</b>
<b>Citizens</b>
Lockdown

<b>MADAGASCAR</b>
<b>Borders</b>
Inbound closed.
Outbound closed. Airports and ports closed and all inbound and outbound flights banned.
<b>Quarantine</b>
Travellers from affected countries must self-quarantine for 14 days.
<b>Tests</b>
<b>Citizens</b>

<b>MALAWI</b>
<b>Borders</b>
Inbound border closed except nationals and residents.
Outbound border closed.
<b>Quarantine</b>
All nationals and residents returning from affected countries subject to self- or institutional quarantine.
<b>Tests</b>
<b>Citizens</b>

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<b>MALAYSIA</b>
<b>Borders</b>
Inbound closed except residents.
Outbound closed.
<b>Quarantine</b>
Citizens who return must undergo 14-day self-quarantine.
<b>Tests</b>
<b>Citizens</b>
All individuals are only allowed to leave home briefly.
All non-essential businesses closed.

<b>MALDIVES</b>
<b>Borders</b>
Inbound closed to non-citizens.
All direct flights to China, South Korea and Italy banned.
<b>Quarantine</b>
Kuredu, Vilemendhu, Batalaa and Kuramathi Island resorts have been placed under temporary quarantine.
<b>Tests</b>
Passengers and airline crew must fill in a Health Declaration Card and an Immigration Arrival Card before arriving in the Maldives and undergo a screening procedure.
<b>Citizens</b>


<b>MALI</b>
<b>Borders</b>
Inbound flights from any country with the virus are banned.
<b>Quarantine</b>
<b>Tests</b>
<b>Citizens</b>

<b>MALTA</b>
<b>Borders</b>
Inbound: closed to an ever increasing list of countries. No flights.
Outbound: closed to an ever increasing list of countries. No flights.
<b>Quarantine</b>
<b>Tests</b>
<b>Citizens</b>
Partial lockdown.

<b>MAURITIUS</b>
<b>Borders</b>
Inbound closed.
Outbound closed.
<b>Quarantine</b>
<b>Tests</b>
<b>Citizens</b>
Curfew

<b>MEXICO</b>
<b>Borders</b>
Inbound US border closed except for cross-border workers. All Mexicans in USA asked to avoid travel to Mexico.
Outbound US border closed except for cross-border workers.
<b>Quarantine</b>
Travellers showing symptoms will be quarantined.
<b>Tests</b>
Travellers from coronavirus affected countries or regions will be screened.
<b>Citizens</b>

Partial lockdown

<b>MOLDOVA</b>
<b>Borders</b>
Inbound closed
Outbound closed All international flights banned
<b>Quarantine</b>
<b>Tests</b>
<b>Citizens</b>

<b>MONGOLIA</b>
<b>Borders</b>
Inbound closed
Outbound closed All international flights banned
<b>Quarantine</b>
<b>Tests</b>
<b>Citizens</b>

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<b>MONTENEGRO</b>
<b>Borders</b>
Inbound closed to foreigners unless legal resident
Outbound closed Public transport of passengers in international road, rail and air traffic is suspended
<b>Quarantine</b>
All citizens and legal residents entering the country from most places must self-isolate for 14 days.
<b>Tests</b>
<b>Citizens</b>

<b>MOROCCO</b>
<b>Borders</b>
Inbound closed.
Outbound closed. International flights in and out banned.
<b>Quarantine</b>
<b>Tests</b>
<b>Citizens</b>

<b>MOZAMBIQUE</b>
<b>Borders</b>
<b>Quarantine</b>
All arriving passengers with symptoms will be quarantined immediately,
All travellers from coronavirus affected countries have to be quarantined.
<b>Tests</b>
All arriving passengers will be screened and questioned about their travel history.
<b>Citizens</b>

<b>MYANMAR</b>
<b>Borders</b>
Inbound closed
<b>Quarantine</b>
All incoming Myanmar nationals subject to a 14-day facility quarantine on their arrival in Myanmar.
<b>Tests</b>
<b>Citizens</b>

<b>NAMIBIA</b>
<b>Borders</b>
Inbound closed except citizens and residents.
Outbound closed to all.
<b>Quarantine</b>
All incoming citizens and residents from most countries are subject to state 14-day quarantine on their arrival.
<b>Tests</b>
<b>Citizens</b>
<b>Internal travel restrictions</b>

<b>NEPAL</b>
<b>Borders</b>
Inbound closed to Europe, West Asia, Gulf countries, but not China, even for own nationals.
On-arrival visa process suspended and other visas subject to satisfactory health certificates.
<b>Quarantine</b>
All who enter Nepal must remain in self-quarantine for 14 days.
<b>Tests</b>
All travellers to Nepal will be screened at the Tribhuvan Airport in Kathmandu and be required to provide a health clearance.

<b>Citizens</b>

<b>NETHERLANDS</b>
<b>Borders</b>
Inbound: closed to all non-EU nationals from outside EU and Iceland, Liechtenstein, Norway and Switzerland and UK, except long-term residents, family members of EU nationals, diplomats and healthcare workers.
Outbound: closed to all non-EU nationals from outside EU and Iceland, Liechtenstein, Norway and Switzerland and UK, except long-term residents, family members of EU nationals, diplomats and healthcare workers. Flights banned from at risk countries including Italy.
<b>Quarantine</b>
<b>Tests</b>
<b>Citizens</b>
Dutch GPs are phoning elderly and at risk patients to check if they are willing to take the risk of dying at home in case they get COVID-19, so that their hospital bed can be taken up by someone with better survival chance

<b>NEW ZEALAND</b>
<b>Borders</b>
Inbound closed except citizens and residents.
Outbound closed except citizens and residents.

<b>Quarantine</b>
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All arriving in New Zealand will require to self-isolate for 14 days, excluding people from the Pacific Islands.
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<b>Tests</b>
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<b>Citizens</b>
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Lockdown
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<b>NICARAGUA</b>
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<b>Borders</b>
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<b>Quarantine</b>
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Travellers showing symptoms will be quarantined.
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<b>Tests</b>
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Travellers from coronavirus affected countries or regions will be screened.
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<b>Citizens</b>
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Partial lockdown
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<b>NIGERIA</b>
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<b>Borders</b>
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Inbound entry banned from ever increasing list of countries. International airports closed and inbound and outbound flights banned.
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<b>Quarantine</b>
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Those coming from high-risk countries must self-isolate for 14 days.

**Tests**

Authorities are checking the temperature of anyone who arrives at Nigeria's airports, ports and land borders.

**Citizens**

All rail services suspended.

**NORTH MACEDONIA**

**Borders**

Inbound closed to all except citizens and legal residents, arriving from most countries.

**Quarantine**

Citizens and legal residents coming from most countries are mandated to self-quarantine for 14 days.

**Tests**

Screening on land borders.

**Citizens**

**NORWAY**

**Borders**

Inbound closed to all except returning Norwegians.

Outbound closed. But land border with Sweden remains open.

**Quarantine**

Anyone coming into Norway from outside Nordic countries must be quarantined at home for two weeks.

**Tests**

**Citizens**

**OMAN**

**Borders**

Inbound closed to all nationalities including resident expats but not Omanis. Flights banned.

Outbound closed. Flights banned.

**Quarantine**

Anyone entering Oman, including Omanis, whether by land, sea, or through the airports, will be placed under quarantine.

**Tests**

**Citizens**

Lockdown

**PAKISTAN**

**Borders**

Inbound borders mostly closed

Outbound borders mostly closed.

All inbound and outbound flights banned.

**Quarantine**

<b>Tests</b>
<b>Citizens</b>

<b>PANAMA</b>
<b>Borders</b>
Inbound closed except to Panamanians and foreign residents.
All international and domestic flights banned.
<b>Quarantine</b>
<b>Tests</b>
<b>Citizens</b>

<b>PAPUA AND PAPUA NEW GUINEA</b>
<b>Borders</b>
Inbound and domestic flights banned.
<b>Quarantine</b>
<b>Tests</b>

All new arrivals must report to government.
<b>Citizens</b>
Movements restricted between provinces.
Lockdown.

<b>PARAGUAY</b>
<b>Borders</b>
Inbound flights from Europe banned.
Inbound ban on passengers on Friendship Bridge from Brazil.
<b>Quarantine</b>
<b>Tests</b>
<b>Citizens</b>

<b>PERU</b>
<b>Borders</b>
Inbound closed.
Outbound closed.
<b>Quarantine</b>
<b>Tests</b>
<b>Citizens</b>

Curfew

<b>PHILIPPINES</b>
<b>Borders</b>
Inbound borders closed except to citizens and residents and overseas Filipino workers returning home, but even they are banned if coming from South Korea or many Chinese regions. Inbound flights banned. Passengers from or transited through Iran and Italy required to present a medical certificate issued by competent medical authorities prior to arrival in the country certifying that they are COVID-19 free. Failure to present a medical certificate will be denied entry to the Philippines.
Outbound border mostly closed. Filipionos banned from going to China. Outbound flights banned. No new visas being issued.
<b>Quarantine</b>
Entire island of Luzon, including the National Capital Region Manila is in quarantine.
Passengers from or transited through Iran and Italy will be subject to the Bureau of Quarantine for a 14-day mandatory quarantine.
<b>Tests</b>
<b>Citizens</b>
Lockdowns.
Domestic flights banned.
Curfew in Manila.

<b>POLAND</b>
<b>Borders</b>
Inbound closed except returning nationals and foreign residents.
Outbound closed. All international air and rail travel in and out banned.
<b>Quarantine</b>
All citizens returning home must be quarantined for 14 days.
<b>Tests</b>
<b>Citizens</b>
Partial lockdown

<b>PORTUGAL</b>
<b>Borders</b>
Inbound: closed to all non-EU nationals from outside EU and Iceland, Liechtenstein, Norway and Switzerland and UK, except long-term residents, family members of EU nationals, diplomats and healthcare workers.
Outbound: closed to all non-EU nationals from outside EU and Iceland, Liechtenstein, Norway and Switzerland and UK, except long-term residents, family members of EU nationals, diplomats and healthcare workers. Many international inbound and outbound flights banned. Border with Spain closed to passengers except cross-border workers.
<b>Quarantine</b>
<b>Tests</b>

<b>Citizens</b>

<b>PUERTO RICO</b>
<b>Borders</b>
<b>Quarantine</b>
<b>Tests</b>
<b>Citizens</b>
Lockdown.
Most businesses closed.
Curfew. Public transport limited.

<b>QATAR</b>
<b>Borders</b>
Inbound closed except for Qatari nationals and inbound flights banned.
Outbound: Qatari nationals and residents have been advised to avoid all but essential travel to any country. Qatar has stopped issuing visas on arrival to several European nationalities.
<b>Quarantine</b>
<b>Tests</b>

<b>Citizens</b>
Most businesses closed
Most state employees forced to work from home

<b>ROMANIA</b>
<b>Borders</b>
Inbound: closed to all non-nationals and flights from specified countries banned.
Outbound: closed to all nationals and flights to specified countries banned.
<b>Quarantine</b>
14-day quarantine for any citizen or resident coming in from a long list of countries and for all other countries anyone coming in must stay at home for 14 days.
<b>Tests</b>
<b>Citizens</b>
Lockdown.
Dental clinics closed except for emergencies.

<b>RUSSIA</b>
<b>Borders</b>
Inbound land and sea borders closed. International flights banned.
Outbound land borders closed and international flights banned.
<b>Quarantine</b>

<b>Tests</b>
<b>Citizens</b>
Moscow lockdown.
Partial national lockdown.
All elderly people must stay at home.

<b>RWANDA</b>
<b>Borders</b>
Inbound closed except to returning Rwandan citizens.
Outbound closed. Commercial flights to and from Kigali International Airport banned.
<b>Quarantine</b>
Anyone arriving in Rwanda is subject to 14-day quarantine.
<b>Tests</b>
<b>Citizens</b>
Lockdown

<b>SAINT KITTS AND NEVIS</b>
<b>Borders</b>
Inbound restrictions on increasing number of countries.
<b>Quarantine</b>
Most have to quarantine for 14 days.
<b>Tests</b>

<b>Citizens</b>

<b>SAINT LUCIA</b>
<b>Borders</b>
Inbound restrictions on increasing number of countries.
<b>Quarantine</b>
<b>Tests</b>
<b>Citizens</b>

<b>SAINT MAARTEN</b>
<b>Borders</b>
Inbound closed
Outbound closed
<b>Quarantine</b>
<b>Tests</b>
<b>Citizens</b>


<b>SAUDI ARABIA</b>
<b>Borders</b>
Inbound flights banned.
Outbound flights banned.
<b>Quarantine</b>
<b>Tests</b>
<b>Citizens</b>
Curfew.
Domestic flights, trains, buses and taxis banned.

<b>SERBIA</b>
<b>Borders</b>
Inbound closed except for residents.
Outbound closed. All air road and rail international travel banned.
<b>Quarantine</b>
Foreign residents entering country must self-quarantine for 28 days.
<b>Tests</b>
<b>Citizens</b>
Curfew
Partial lockdown
Domestic air and rail and bus travel banned.

<b>SIERRA LEONE</b>
<b>Borders</b>
Inbound banned to most countries.
Outbound: all travel by government officials banned.
All citizens asked to cease non-essential travel. Land borders with Guinea and Liberia closed.
<b>Quarantine</b>
All travellers from countries with 50 or more confirmed cases must go into quarantine.
<b>Tests</b>
All travelling to Sierra Leone will be screened.
<b>Citizens</b>
Curfew

<b>SINGAPORE</b>
<b>Borders</b>
Inbound closed except to Singapore citizens, permanent residents and foreigners with a long-term work pass.
Outbound closed
<b>Quarantine</b>
Singapore citizens, permanent residents and foreigners with a long-term work pass can return but must undergo a 14-day self-quarantine.
<b>Tests</b>
<b>Citizens</b>
Curfew

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<b>SLOVAKIA</b>
<b>Borders</b>
Inbound closed except citizens and long-term residents.
Outbound closed. Airports and international rail and bus services closed.
<b>Quarantine</b>
All residents returning to Slovakia from abroad must remain in a 14-day self-quarantine at home.
<b>Tests</b>
<b>Citizens</b>
Limited transport
Lockdown

<b>SLOVENIA</b>
<b>Borders</b>
Inbound closed to all non-EU nationals from outside EU and Iceland, Liechtenstein, Norway and Switzerland and UK, except long-term residents, family members of EU nationals, diplomats and healthcare workers.
Outbound closed to all non-EU nationals from outside EU and Iceland, Liechtenstein, Norway and Switzerland and UK-except long-term residents, family members of EU nationals, diplomats and healthcare workers. Border with Italy mostly closed. Flights in and out banned.
<b>Quarantine</b>

<b>Tests</b>
Health checks at borders with Italy.
<b>Citizens</b>
Lockdown
All non-essential trips banned

<b>SOMALIA</b>
<b>Borders</b>
All international flights in and out banned.
<b>Quarantine</b>
<b>Tests</b>
<b>Citizens</b>

<b>SOUTH AFRICA</b>
<b>Borders</b>
Inbound closed for entry and transit to ever increasing list of high risk counties; passenger vessels banned.
South Africans are advised to cancel or postpone all non-essential foreign travel.
All international flights in and out banned.
<b>Quarantine</b>

<b>Tests</b>
Travellers in the country from most countries must be tested and screened.
<b>Citizens</b>
South Africans are discouraged from using all non-essential domestic travel, particularly by air, rail, taxis and bus.
Lockdown.

<b>SOUTH KOREA</b>
<b>Borders</b>
All citizens told to avoid non-essential international travel.
<b>Quarantine</b>
14-day quarantines on South Korean nationals arriving from Europe and foreigners entering the country from Europe on long-term stay visas.
<b>Tests</b>
Testing all passengers arriving from Europe, and plans to extend this to USA. Border checks on visitors from other countries requiring them to sign up by a smartphone application to track whether they have any symptoms, such as fever.
<b>Citizens</b>
Lockdown

<b>SPAIN</b>
<b>Borders</b>

Inbound closed except to Spanish nationals and residents.
Outbound closed except to Spanish nationals and residents. Direct flights from Italy banned.
<b>Quarantine</b>
<b>Tests</b>
<b>Citizens</b>
Hotels closed.
Private healthcare (hospitals, clinics, manufacturers) nationalised.
<b>Lockdown</b>

<b>SRI LANKA</b>
<b>Borders</b>
Inbound closed
Outbound closed
<b>Quarantine</b>
Sri Lankan expatriates and foreigners who arrived in the island from South Korea, Italy and Iran have been sent to quarantine centres and an army camp.
<b>Tests</b>
<b>Citizens</b>
National curfew

<b>SUDAN</b>
<b>Borders</b>
Inbound closed
Outbound closed
<b>Quarantine</b>
<b>Tests</b>
<b>Citizens</b>

<b>SWEDEN</b>
<b>Borders</b>
Inbound closed to all non-EU nationals from outside EU and Iceland, Liechtenstein, Norway and Switzerland and UK, except long-term residents, family members of EU nationals, diplomats and healthcare workers.
Outbound closed to all non-EU nationals from outside EU and Iceland, Liechtenstein, Norway and Switzerland and UK-except long-term residents, family members of EU nationals, diplomats and healthcare workers.
<b>Quarantine</b>
<b>Tests</b>
<b>Citizens</b>

<b>SWITZERLAND</b>
<b>Borders</b>
Inbound closed to most countries except Swiss nationals and residents and residents of Liechtenstein.
Outbound mostly closed.
<b>Quarantine</b>
<b>Tests</b>
<b>Citizens</b>
Lockdown

<b>TAIWAN</b>
<b>Borders</b>
Inbound closed to Mainland CHINA residents except for mainland spouses of Taiwan residents who hold residence permits. Many flights banned.
<b>Quarantine</b>
All inbound travellers required to be under home quarantine for 14 days.
<b>Tests</b>
<b>Citizens</b>

<b>THAILAND</b>
<b>Borders</b>
Inbound border closed except to citizens and resident workers.
<b>Quarantine</b>
14 day quarantine for travellers from many countries.
<b>Tests</b>
Screening in tourist areas including Phuket.
<b>Citizens</b>
Island of Phuket in lockdown.

<b>TRINIDAD</b>
<b>Borders</b>
Inbound closed except to citizens.
Outbound closed.
<b>Quarantine</b>
All nationals entering must quarantine for 14 days.
<b>Tests</b>
<b>Citizens</b>

<b>TUNISIA</b>
<b>Borders</b>
Inbound closed

Outbound closed
<b>Quarantine</b>
<b>Tests</b>
<b>Citizens</b>
Lockdown.
Curfew.
Domestic travel limited.

<b>TURKEY</b>
<b>Borders</b>
Inbound closed to European countries, Iraq, Iran, China and South Korea.
Outbound closed to European countries, Iraq, Iran, China and South Korea. Land borders with Bulgaria and Greece closed to passengers. International flights to and from most countries banned.
<b>Quarantine</b>
Land borders with Greece and Bulgaria closed.
<b>Tests</b>
<b>Citizens</b>
Lockdown.

<b>TURKMENISTAN</b>
<b>Borders</b>
Inbound borders closed.
Outbound borders closed. All international flights in and out banned. Diplomats and staff of international organisations, aviation, maritime and railway crews, international freight drivers, foreign citizens working in Turkmenistan can enter the country with a health clearance issued by authorized medical institutions.
<b>Quarantine</b>
<b>Tests</b>
<b>Citizens</b>
Non-essential travel banned

<b>UGANDA</b>
<b>Borders</b>
Outbound travel banned to specified countries
International flights in and out banned
<b>Quarantine</b>
<b>Tests</b>
<b>Citizens</b>
Lockdown

<b>UAE (see also Abu Dhabi &amp; Dubai)</b>
<b>Borders</b>
Inbound closed to all including residents, but not citizens temporarily overseas, and flights banned.
Outbound flights banned. Citizens asked to cease non-essential travel. No new visas being issued.
<b>Quarantine</b>
Anyone entering the UAE must commit to a home quarantine period of 14 days. Violating this ban and exposing others to danger shall be punishable by law.
<b>Tests</b>
GCC nationals wishing to enter must undergo a COVID-19 medical test.
<b>Citizens</b>
Lockdown

<b>UK</b>
<b>Borders</b>
Inbound: open
Outbound travel to Europe by non-residents of Europe banned. Citizens asked to cease non-essential travel.
<b>Quarantine</b>
Anyone arriving on Isle of Man has to self-isolate for 14 days or be arrested.
<b>Tests</b>

<b>Citizens</b>
Lockdown.
Hotels closed.

<b>UKRAINE</b>
<b>Borders</b>
Inbound closed to foreigners unless permanent residents.
Inbound and outbound flights and trains and buses banned.
<b>Quarantine</b>
<b>Tests</b>
<b>Citizens</b>
All internal rail, bus and air transport suspended.
Partial lockdown.

<b>USA</b>
<b>Borders</b>
Inbound: no travel from Europe, UK, China or Iran.
Outbound: no travel to Europe, UK or China.
US/ Canada and US/Mexico borders closed except for cross-border and healthcare workers. All citizens asked to avoid non-essential travel from and within USA.
<b>Quarantine</b>
<b>Tests</b>

US citizens or permanent residents who have visited a high-risk area must fly into one of the 13 international airports with enhanced entry screening capabilities.
<b>Citizens</b>
Lockdowns in many states and cities.

<b>URUGUAY</b>
<b>Borders</b>
Inbound borders closed except to citizens and residents.
Inbound flights from Europe banned.
Outbound closed.
<b>Quarantine</b>
Passengers from China, South Korea, Japan, Singapore, Iran, Spain, Italy, France and Germany have to go through a 14-day quarantine.
<b>Tests</b>
<b>Citizens</b>

<b>UZBEKISTAN</b>
<b>Borders</b>
Inbound closed except to returning citizens.
Outbound closed.
Airports closed.
<b>Quarantine</b>

<b>Tests</b>
<b>Citizens</b>

<b>VENEZUELA</b>
<b>Borders</b>
Inbound flights banned from Europe, Colombia, Panama and the Dominican Republic.
<b>Quarantine</b>
Nationwide quarantine.
<b>Tests</b>
<b>Citizens</b>

<b>VIETNAM</b>
<b>Borders</b>
Inbound closed except to citizens and high value residents. No new visas issued. All inbound flights banned.
<b>Quarantine</b>
All inbound citizens and residents must be tested and go into mandatory quarantine.
<b>Tests</b>

<b>Citizens</b>
National lockdown.
Domestic flights banned.
Hotels closed.

<b>YEMEN</b>
<b>Borders</b>
Inbound flights banned. Land borders closed.
Outbound flights banned.
<b>Quarantine</b>
<b>Tests</b>
<b>Citizens</b>

<b>ZAMBIA</b>
<b>Borders</b>
<b>Quarantine</b>
All travellers showing symptoms will be quarantined.
<b>Tests</b>
All travellers will be screened.
<b>Citizens</b>

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<b>ZIMBABWE</b>
<b>Borders</b>
Inbound closed except returning residents
Outbound flights closed
<b>Quarantine</b>
<b>Tests</b>
<b>Citizens</b>